



COVID-19 (novel coronavirus)

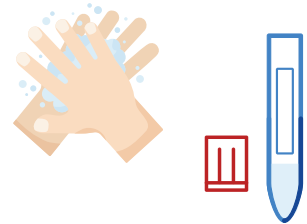
Saliva Self-Collection Testing Kit Instructions

Please do not eat, drink, brush your teeth, use mouth wash, chew gum, chew tobacco, or smoke 30 minutes before collection.

1 Prepare for saliva collection

Clean your hands with hand sanitizer provided by a caregiver.

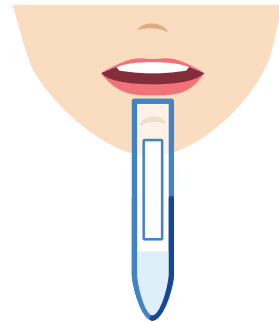
Allow saliva to collect in mouth for 2-3 minutes.
Carefully remove the cap from the vessel.



2 Fill the tube with saliva

Place your lips gently on the vessel opening, and carefully drool saliva into the collection vessel. Repeat until 3 mL of liquid (not including bubbles) has been collected.

Note: please do not collect sputum or thick mucus - only saliva.



3 Recap the collection vessel

Screw on the cap TIGHTLY to ensure that your sample does not leak during transportation.



4 Wipe and give sample back to the caregiver

When the caregiver returns, wipe down the tube and packaging with an alcohol wipe and allow it to dry. Hand it back to the caregiver for labeling. Clean your hands with hand sanitizer again.

